



ENCOMPASS HEALTH SERVICES

Behavioral · Medical · Psychiatric

HOW ENCOMPASS CAN HELP YOUR CHILD:

- Teach coping skills to learn how to handle negative emotions, panic attacks, and other difficult situations.
- Assist with the ability to deal with stress.
- Teach new skills and how to adapt to change.
- Help improve self-confidence and self-esteem.
- Teach skills to lower levels of stress, anxiety, and depression.
- Help children understand their emotions.
- Provide group outings to assist with appropriate social interactions and exercise.
- Assist with in-school behaviors.
- Assist with impulse control.
- Offer Family Counseling.
- Offer medication assistance if necessary.

Regular Hours: M-F, 8am-5pm
Please call (928) 643-7230
to enroll/ make an appointment



www.encompass-az.org
Facebook: @EncompassFredoniaAZ
170 N. Main Street/ P.O. Box 522
Fredonia, AZ 86022

24 hr Crisis Line: 928-645-8180